



Matlock Cycling Club

March Newsletter

Diary Dates for March 2020

Final reminder! Membership renewal is now due. Please use the application form sent with Pedal Power, or download the form from our website, or join on line through the British Cycling website.

Sunday, 1st March

11.00 Tea Stop : Wardlow, Yondermann Cafe

Track Cluster Session at Derby - see below

Monday, 2nd March 10.00 Morning ride from Cromford

9.30 Easy Wheel ride from Crich Market Place

Ring Dave on 07780434190 or Harry on 01629822259 for more details.

Tuesday, 3rd March 19.00 Meet for a road ride starting from Crown Square, Matlock

Saturday, 7th March 14.00 Open Hilly 25 using AH/2 . Entries closed 10 days ago. **Help with marshalling appreciated. Please ring 01629 734996 if you are able to help marshal this event**

You must have a working rear light to start this event.

Sunday, 8th March

11.00 Tea Stop : Monyash, The Old Smithy

Monday, 9th March 10.00 Morning ride from Cromford

9.30 Easy Wheel ride from Hulme End car park.

Ring Dave on 07780434190 or Harry on 01629822259 for more details.

Tuesday, 10th March 19.00 Meet for a road ride starting from Crown Square, Matlock

Thursday, 12th March 19.15 Roller training at Imperial Room

Sunday, 15th March

9.00 AH/7 Hilly 16 mile time trial. Starts at the large layby above Lea. Costs £4 unless you have a 2020 club time trial pass. You must have a working rear light

11.00 Tea Stop : Hathersage, Pool Cafe

Monday, 16th March 10.00 Morning ride from Cromford

9.30 Easy Wheel ride from Middleton Top car park on High Peak Trail

Ring Dave on 07780434190 or Harry on 01629822259 for more details.

Tuesday, 17th March 19.00 Meet for a road ride starting from Crown Square, Matlock

Saturday, 21st March 9.30 Coaching for younger riders in Whitworth Park, Session finishes by 10.45.

Sunday, 22nd March

10.00 Youth Ride from Hassop Station

11.00 Tea Stop : Hassop Station - see item below re Youth Rides 2020.

Track Cluster Session at Derby

Monday, 23rd March 10.00 Morning ride from Cromford

9.30 Easy Wheel from layby NE of junction of Cumberhills Road and Beech Road, near to Duffield

Ring Dave on 07780434190 or Harry on 01629822259 for more details.

Tuesday, 24th March 19.00 Meet for a road ride starting from Crown Square, Matlock

Thursday, 26th March 19.15 Roller training at Imperial Rooms

Sunday, 29th March

11.00 Tea Stop : Longnor, Cobbles Cafe

Monday, 30th March 10.00 Morning ride from Cromford

9.30 Easy Wheel ride from Shipley Park Visitors Centre car park

Ring Dave on 07780434190 or Harry on 01629822259 for more details.

Tuesday, 31st March 19.00 Meet for a road ride starting from Crown Square, Matlock

Saturday, 4th April 9.30 Coaching for younger riders in Whitworth Park, Session finishes by 10.45.

Sunday, 5th April 25 mile time trial using A25/12 which starts in the layby near to Firth Rixons/Arconic. Costs £4 unless you have a 2020 club time trial pass. You must have a working rear light

11.00 Tea Stop : Rowsley, Caudwells

Monday, 6th April 9.30 Morning ride from Cromford

9.30 Easy Wheel ride from Cromford Market Place

Ring Dave on 07780434190 or Harry on 01629822259 for more details.

Tuesday, 7th April 18.30 5 mile timetrial. Meet on the old road by the side of Ashford in the Water cricket ground. Cost £4 unless you have a 2020 timetrial pass. You must have a working rear light

19.00 Meet for a road ride starting from Crown Square,

Thursday, 9th April 18.30 Short hilly time trial starting by High Peak Junction car park Course - Lea Mills - Holloway - Crich - left by the Tramway Museum - turn left at the T junction by the covered reservoir on Lea Moor Road to finish in the large layby about 500m from the junction. Cost £4 unless you have a 2020 timetrial pass. You must have a working rear light

It is possible, with care, to ride through the road works on Lea Road,

Thanks

Thanks to all who were involved in the organisation of the Presentation and Social Evening

Reminder

Will all members, especially when wearing club kit and or in time trials, remember to maintain the good name of the club by observing the Highway Code. Please show respect for other road users and members of the public. Behave towards others as you would like them to behave towards you.

Sponsorship

We would like to thank Stanley Fearn Cycles, Chubb & Co., and HGI Generators for their continued support.

Press Secretary

Please send stories, news, results and photos to Andy Woolf

email : andrewwoolf22@gmail.com. He needs to keep a high profile for the Club on the sports pages of local press and social media. Please help by sending Andy your news by Sunday evenings.

Membership Cards and Discounts

Please remember to show your current Matlock CC membership card when asking for a discount at Stanley Fearn and Chubbs.

Easy Wheels Rides

These rides are on Mondays leaving about 9.30. The meeting point is given in this letter. Around 15 miles with a cafe stop. Ring Dave Gordon on 07780434190 for more details.

Open Time Trials in 2020

Hilly 25 Saturday, 7th March AH/2

Open 10 Sunday, 3rd May A10/16

Grouse 10 Tuesday, 2nd June A10/16

Open 25 Sunday, 21st June A25/12

Winster Hill Climb Monday, 29th June AHC/9

Hill Climbs Sunday, 18th October AHC/1. AHC/6

Darley Moor Dates

All Sundays

April 19th, May 10th, June 7th, July 5th*, August 7th, September 6th

* = GHS and BSCA events

Junior Section

Youth Rides 2020

As new initiative we are changing the way we organise our youth rides to appeal to younger riders (9+) to reflect the age of the riders coming through the ranks! Each month the youth ride will now be located around a trail to allow younger riders to attend and ride along the trail before meeting up at the cafe. Older riders (12+) can still do a road ride (rather than the trail if they wish) with available

adults also returning to the cafe. Parents are encouraged to ride with the youth (or at least have another parent designated to watch over them) Although we will try to keep the age groupings this of course means that adult and younger (under 9) riders can also use the trail, ride and meet up at the cafe at their own pace - similar to our recent Christmas ride (but without the decorations). That ride was such a success we hope this will build on that demand!

Exact details of time and locations / routes will be published but the cafe / trail venues will be as the ones marked in bold on the club membership cards.

We anticipate that of course there will be clashes occasionally with other events - youth track clusters / Darley Moor circuit races but hopefully these will be infrequent and will still give an opportunity to ride for those not attending those events.

Next ride will be Sunday 22nd March at Hassop Station and aiming for 11am at the station cafe.

Please could you let Andy Briggs know if you are coming grass.sledge@gmail.com

Looking forward to seeing everyone at these rides throughout 2020.

Activity Weeks in 2020

We hope to use the first two complete weeks of the school summer holidays namely week beginning Monday, July 27th, and Monday, August 3rd. Times will be 10am to 12 noon each day. Activities similar to those used this year with BSCA Trix Awards on offer.

Young Riders' Fund (YRF)

If you rode for Matlock CC or for your school in any championships - BSCA, BC, etc - in 2019 then fill in a Young Riders' Fund claim form and send it off. You don't have to win just compete. Forms are on the club's website.

BSCA East Mids Championships 2019/20

20th June MTB and grass - note date change

5th July Time Trial and Circuit Races at Darley Moor

13th September Hillclimb and Rollers at Starkholmes

Coaching dates for 2020

All at Whitworth Park 9.30 - 10.45

Saturday, 21st March

Saturday, 4th April

Saturday, 18th April

Saturday, 2nd May

Saturday, 16th May

Saturday, 6th June

Saturday, 27th June

Saturday, 4th July

Saturday, 18th July

Check the newsletters for any changes.

Roller training at Imperial Rooms 19.15 - 21.00

Thursday, 12th March

Thursday, 26th March

Round the pond racing and grass track

For under-11s

All start at 18.30 and last about 60 minutes on Monday evenings

rpr = round pond racing

gt = grass track

20th April rpr

27th April rpr

4th May rpr

11th May rpr

18th May rpr
1st June rpr
8th June gt
15th June gt
22nd June gt

Track Cluster Sessions

Track Cluster sessions at the Velodrome in Derby are available for all 9-16 year olds, if they would like a go. The planned dates so far this year are as follows:
East Mids - priority given to MCC as part of the East Mids Cluster (advise early entry via BC website)

1st March 2020

22nd March 2020 (organised by MCC)

12th April 2020

10th May 2020

West Mids Cluster sessions (if space remaining 2 weeks before then places may be available on a first come first serve basis)

8th March

5th April

26th April

24th May

The events will be live on the BC website (HSBC Go-Ride Cluster Sessions) 4-8 weeks before the event for you to register your children if they would like a go on the track
<https://www.britishcycling.org.uk/events/details/226234/HSBC-UK-Go-Ride-Track-Cluster~East-Midlands>

Any questions, please contact either Jules Brough, Tina Farr or Andy Woolf

**Matlock Cycling Club is sponsored by : Stanley Fearn Cycles ; Chubb and Co ;
HGI Generators**

**Contact John White , the club secretary, for more information about club
activities. Contact John on 01629 733781
or johnwhite4six@gmail.com**

Club website : www.matlockcyclingclub.org.uk